



Is your organization ready to provide authentic family peer support?

Let the Maine Center of Excellence help you!

Coaching can help you and your team identify areas for skill development and strengthen those skills within the PEARLS Meta-skills, ensuring they are consistently demonstrated in each interaction with the families your Family Support Specialist (FSS) supports.

WHAT DO WE OFFER?

In addition to no cost training for specialists and supervisors, we offer:

- ✓ Coaching and supervisor support tailored to your needs based on a flexible, individualized approach, meeting you where you are and working at your pace,
- ✓ Guidance and resources for supervising employees with lived experience,
- ✓ Use of PPSP coaching tools to guide supervision sessions and align documentation with best practice, and
- ✓ Strategies and examples that demonstrate the impact of effective peer support for parents/caregivers.



WHAT DOES COACHING LOOK LIKE?

Coaching typically occurs once a month, based on your organization's needs. We move at a pace that aligns with your team's capacity and goals. Each coaching session will last 60 to 90 minutes and be held either on-site or virtually.

THE BENEFITS OF COACHING INCLUDE:

- A dedicated, personalized PEARLS-coaching team that includes National Coach from NWIC and coach through the Maine COE,
- Ongoing skill development tailored to your needs,
- A positive and safe learning environment that supports growth,
- Constructive feedback that uses errors as learning opportunities, and
- Opportunities to practice skills, including role-playing, trainings, and more.

Organizations are also welcome to request technical assistance about how to access training or for general questions at any time.



If you haven't taken the training, visit mainecoe.org to view the training calendar and register today.

HOW TO GET STARTED

Supervisors may begin coaching once they have completed **PEARLS 401: Applied Supervision**.

For more information on the Maine COE and PEARLS



visit: mainecoe.org
email: mainecoe@pcgus.com

