



Maine Center of Excellence for
Behavioral Health and Well-being

Is your organization providing youth peer support?

Let the Maine Center of Excellence help!

Grounded in Youth MOVE National's Peer Connect model, coaching delivers tailored support to agencies through a range of approaches. Within behavioral health homes (BHH) and High Fidelity Wraparound (W-BHH) settings, every session is meant to help teams put youth peer support into practice. Coaching provides resources and guidance for supervising Youth Support Specialists as they progress along the path of peer-to-peer support.

WHAT DO WE OFFER?

In addition to no cost training for Youth Support Specialists and Supervisors, we model reflective dialogue and questioning to offer customized coaching, including:

- ✓ Supervision & model consultation
- ✓ Skill development
- ✓ Hiring & expansion support
- ✓ Policy & compliance coaching
- ✓ Certification guidance & ongoing learning
- ✓ Deidentified case review



WHAT DOES COACHING LOOK LIKE?

Coaching typically occurs once a month or more, depending on the organization's needs. Sessions are typically between 30 and 60 minutes and can be held virtually or in person.

Coaching is tailored to the specific needs of the organization:

- ✓ Initial coaching sessions promote relationship building, program context review, and development of a coaching plan
- ✓ Ongoing coaching sessions are used to discuss progress, identify areas of focus, breakdown barriers and plan next steps.



If you haven't taken the Peer Connect training, visit mainecoe.org to view the training calendar and register today.

HOW TO GET STARTED

Supervisors may begin coaching once they have completed Peer Connect Supervisor training.

However, all organizations are welcome to [request technical assistance](#) about training access or for general questions at any time.

For more information on the Maine COE



Maine
Children's Behavioral
Health Services



visit: mainecoe.org email: mainecoe@pcgus.com

Brought to you by the Maine DHHS Office of Behavioral Health, Children's Behavioral Health Services.