

newsletter



Maine Center of Excellence for
Behavioral Health and Well-being



Spotlighting Strength: Stories, Training, and Community Impact Across Maine

In this issue, we spotlight the people and programs driving positive change across Maine. Watch a message from a dedicated Maine COE coach, hear from training participants, and learn how providers like UCP of Maine are embracing High-Fidelity Wraparound. Plus, explore upcoming training opportunities to grow your impact.

Thank you for being part of this work. We're building stronger communities, together.

Coach Spotlight: Dr. Casidhe Daniels

Enjoy a special video spotlight featuring Dr. Casidhe Daniels, one of our dedicated High Fidelity Wraparound coaches. In this heartfelt message, Dr. Daniels shares her passion for Maine's youth and families, and what drives her work with the COE.

"My passion lies in providing a comprehensive wraparound approach to the youth in our state. By helping our youth and their families feel stronger community networks, we empower them to become the best versions of themselves."

Discover what motivates our team's dedication to building stronger, healthier communities across Maine by watching Casidhe's full video now.





What are training participants saying?

Our training sessions continue to make a lasting impact on professionals across Maine. Whether participants are new to the field or seasoned providers, they're finding value in the tools, insights, and community connections offered through Maine COE programming. Here's what a few recent attendees had to say:

"This training will allow me to better connect with my families by taking into consideration their functional strengths!"

"This is my first time in social work so getting to better understand just the entire process was extremely helpful."

These reflections highlight how Maine COE trainings are helping to build confidence, deepen understanding, and strengthen the quality of care across the state.



Provider Spotlight: UCP of Maine

For over 70 years, UCP of Maine has been a trusted partner in supporting children, adults, and families throughout the state. With locations in Bangor and Waterville, UCP offers a wide range of services, including early childhood programming, outpatient therapy, case management, and residential supports. Their commitment to meeting people where they are, whether at home, in the community, or in the office, has made them a cornerstone of behavioral health care in Maine.

Leading with Strengths

UCP is deeply committed to strengths-based care. That means focusing on what's going well, not just what's hard. Through coaching with the Maine Center of Excellence, UCP has been working to shift its language, improve documentation, and elevate the voices of youth and families in every interaction. These coaching sessions have helped direct service staff build confidence and deepen their engagement with families, especially with youth.

Embracing High-Fidelity Wraparound

UCP is one of the early adopters of High-Fidelity Wraparound (HFW) in Maine. Since November 2024, their Behavioral Health Home (BHH) program has been actively preparing for implementation. Leadership has been all-in participating in planning, coaching, and monthly calls with the COE to ensure the organization is ready to deliver HFW with fidelity. So far, six UCP staff have completed HFW training, and two have completed PEARLS Family Peer Support training. And they're not stopping there; UCP is already planning to send more staff to upcoming HFW trainings and has begun working with Youth and Family Peer Support Coaches to strengthen their wraparound approach further.

Looking Ahead

UCP of Maine continues to lead with compassion, curiosity, and a commitment to learning. Their journey with Maine COE is just getting started, and we're excited to see how their work will continue to grow and inspire others across the state.

To learn more about UCP of Maine and their work, visit <https://ucpofmaine.org/>

Building Skills, Strengthening Communities

Upcoming Foundational Trainings

Strong, effective programs start with well-prepared professionals. Our comprehensive training offerings in High-Fidelity Wraparound, Peer Connect, and PEARLS Family Peer Support continue to build Maine's capacity to serve children, youth, and families with excellence. These sessions provide the foundation for impactful work.

Find detailed information and registration details on the flyers linked below:

- [Maine High Fidelity Wraparound Training 2025](#)
- [Maine Peer Connect Supervisors Training 2025](#)
- [Maine Peer Connect Specialist Training 2025](#)
- [PEARLS Specialist and Supervisor Training 2025](#)

Additional Support Offerings

Join our upcoming reflection and professional development self-contained sessions facilitated by curriculum trainers and peers. These gatherings provide opportunities for networking, debriefing, problem-solving, and sharing authentic feedback and supporting for those working in the field.

Find detailed information and registration details on the flyers linked below:

- [Youth Peer Support Specialist Co-Reflection and Professional Development Sessions](#) *(includes attendance requirements to maintain certification in Maine)*
- [Youth Peer Leadership Learning Community and Professional Development Sessions](#) *(includes attendance requirements to maintain certification in Maine)*

Interested people can follow the instructions on each flyer for registration and involvement or visit [**mainecoe.org/trainings**](https://mainecoe.org/trainings) for more details on trainings.



Moving Forward Together

The work we accomplish is only possible through partnerships like yours, and we remain deeply grateful for the commitment you bring to Maine's behavioral health community. Your support helps us reach more families, train more professionals, and create lasting positive change across our state.

As we advance our shared mission of strengthening lives and support systems, we encourage you to make the most of the resources available through the [COE website](#) — your central hub for training opportunities, program information, and the latest updates on our collective efforts.

Thank you for being part of building a stronger, more supportive Maine.

Regards,

Maine COE Support Team

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