

newsletter



Maine Center of Excellence for
Behavioral Health and Well-being



Welcome

The **Maine Center of Excellence (COE) for Behavioral Health and Well-Being** is thrilled to have you as part of our community!

At the COE, we are dedicated to training and supporting a behavioral health workforce that can help create strong relationships, community connections, and social and emotional skills among youth and families across Maine.

Whether you're a healthcare professional, a community advocate, or someone passionate about mental and behavioral health, we are excited to share our programs, updates, and opportunities to support Maine's continuum of care and make a lasting impact together. Check out the **COE website** for more information!

The center is funded by the Maine Department of Health and Human Services

and operated by Public Consulting Group.



The Maine COE focuses on family-driven and youth-guided approaches that include:



High-Fidelity Wraparound

High-Fidelity Wraparound (HFW) is a team-based care coordination approach designed to support youth with complex behavioral health needs by bringing together family, professionals, and key individuals in the youth's life to create a customized plan that addresses challenges like hospitalization, housing instability, and system involvement. It emphasizes collaboration, individualized support, and empowering families to manage their daily lives.

PEARLS Family



Support

PEARLS is a model for training and supporting Family Support Specialists and supervisors through coaching and reflection on their personal experiences, while equipping them with key skills to provide effective support to families with children facing emotional, behavioral, or mental health challenges.



Peer Connect Youth Support

Peer Connect is Youth MOVE National's training program designed to equip youth support specialists and their supervisors with the skills and knowledge needed to implement or enhance youth peer support programs across various settings.

Each of these approaches needs care coordinators/peer support specialists and supervisors to play an integral role in advancing the programs throughout the state. The Maine COE aims to support the behavioral health workforce by providing training, coaching, technical assistance, and necessary resources. Learn more about each model by visiting [COE website](#).

Work With Us

We're pleased to report that, to date, we have hired 11 of the 15 needed coaches! We still need your help finding dedicated individuals to join our team as Youth and Family Peer Support Coaches. Coaches are crucial for providing training to the Maine workforce. They also offer an excellent opportunity for career growth in behavioral health services. If you know someone who's passionate about making a positive impact and coaching others to learn new skills, please share these opportunities within your networks. For more information and to apply, check out the job descriptions and application portals here:



Youth Peer Support Coach

[APPLY HERE](#)



Family Peer Support Coach

[APPLY HERE](#)

Thank you

Thank you for being an essential part of our community! Together, we're making a difference in behavioral health and well-being across Maine. Be sure to visit [the COE website](#) for the latest news and resources and keep an eye on your [inbox](#) for [more exciting updates](#) in this quarterly newsletter!

Regards,
Maine COE Support Team

[VISIT THE COE WEBSITE NOW](#)

